

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Score: \_\_\_\_\_  
( passing score is 80%)

**Core Training**  
**Human Sexuality Test**

**I. Definitions: Match the word to the definition (5 points each = 25 points)**

|  |  |
|--|--|
| 1. Department of Health HIV/STD Awareness programs _____ | A. The direction of one's sexual interest toward members of the same, opposite, or both sexes  |
| 2. Abstinence/Condom (male/female) _____                 | B. Any of various diseases that are usually contracted through sexual intercourse or other intimate sexual contact                           |
| 3. Sexuality _____                                       | C. Method and items that can prevent and/or reduce the risk of sexually transmitted diseases.  |
| 4. Sexually Transmitted Diseases _____                   | D. The quality or state of being sexual. Quite often it is an aspect of one's need for closeness, caring, and touch                          |
| 5. Sexual Orientation _____                              | E. Is one of many community based resources to assist educating individuals regarding human sexuality, sexual behavior, and sexual activity. |

**II. True or False: Answer whether 'True' or 'False' (5 points each = 25 points)**

6. **T or F:** Everyone has the right to understand his or her own development in a accurate and positive way. \_\_\_\_\_
7. **T or F:** Masturbation and homosexuality should be discouraged. \_\_\_\_\_
8. **T or F:** People with disabilities are at the same or greater risk of sexual assault than the general population. \_\_\_\_\_

9. **T or F:** The religious views, values and morals of the Direct Care Professional should be shared with individuals with disabilities to help them make important decisions dealing with sexuality and relationships. \_\_\_\_\_
10. **T or F:** Human sexuality encompasses the sexual knowledge, beliefs, attitudes, values, and behaviors of individuals. \_\_\_\_\_

**III. Multiple Choice: Answer the question with the correct choice  
(10 points each = 40 points)**

11. People with intellectual disabilities:
- a. Are and will always be asexual
  - b. Have uncontrollable sex drives
  - c. Unable to understand their sexual desires
  - d. None of the above

**Answer:** \_\_\_\_\_

12. Training materials may include:
- a. Pictures and videos (not pornography)
  - b. Role-playing scenarios
  - c. Anatomically correct dolls
  - d. All of the above

**Answer:** \_\_\_\_\_

13. Sexuality is:
- a. Being female or male, and how females and males are alike and different in the way they look and act
  - b. How we grow and change over the years
  - c. How we reproduce
  - d. All of the above

**Answer:** \_\_\_\_\_

14. Some inappropriate sexual behaviors of individuals with intellectual disabilities may be caused by:
- a. Lack of opportunity to socialize with age-appropriate peers without a disability
  - b. Lack of sexual knowledge
  - c. Both (a) and (b)
  - d. None of the above

**Answer:** \_\_\_\_\_